Welcome to the BowlingECK

Gaststätte • Bowling • Gruppenfeier • Biergarten

We wish you a pleasant stay and bon appétit

Note on the new packaging law!

We charge for disposable packaging: Disposable bagasse containers: € 0.50

We charge for returnable packaging:
Reusable food containers for hire: € 15.00 - Reusable coffee cups € 8.00

In order to save packaging waste, we would very much appreciate it,
if you bring your own containers (Tupperware) or similar.

Additives

(1) with preservative, (2) with antioxidant, (11) with acidifier
(12) with stabilisers, (14) with nitrite curing salt

Erlanger Allee 150
07747 Jena
Tel.: 0 36 41 33 46 53
E-Mail: info@bowlingeck.de
www.bowlingeck.de

Opening hours
Wednesday to Saturday from 11.30 - 22.00 hrs
Kitchen closes at 20.00 hrs
If you are planning an event outside these opening hours
please contact us in good time

All prices in EURO, including VAT.

Real home cooking

Grilled pork neck 9,90 €
with braised onions and mustard (for seniors 7,90 €)

Pork schnitzel M 5,50 € L 7,80 € XL 10,90 € XXL 20,50 €
with 1 fried egg

Pork schnitzel M 6,20 € L 8,80 € XL 13,50 € XXL 25,70 €
Italia - with tomatoes and mozzarella au gratin

Pork schnitzel M 6,20 € L 8,80 € XL 13,50 € XXL 25,70 €
cauliflower - with cauliflower and cheese au gratin

Pork schnitzel M 7,40 € L 10,40 € XL 16,50 € XXL 31,70 €
Seasoned - (from October to May) baked with seasoned meat and cheese

Pork schnitzel M 6,20 € L 8,80 € XL 13,50 € XXL 25,70 €
Hawaii - with pineapple and cheese au gratin

Pork schnitzel M 7,40 € L 10,40 € XL 16,50 € XXL 31,70 €
Hunter-style - with wild mushroom cream sauce and crispy bacon

Pork schnitzel M 6,20 € L 8,80 € XL 13,50 € XXL 25,70 €
Puszta - tomato sauce with onion, paprika and gherkin

Bon appetit

*Schnitzel portion sizes: M = 100g , L = 150g , XL = 250g , XXL = 500g

from the pan...

Ham and cream spaetzle ---------- 11,20 €
Spaetzle with ham, onions and bacon in a cream sauce

Colourful bean pan "Bud Spencer style" bacon, nibbles, ---------- 16,90 €
red beans, white beans, onions, tomato chilli sauce and baguette roll

Hunter's pan ---------- 19,90 €
grilled pork steak, creamed wild mushrooms, broccoli, croquettes and crispy breakfast bacon

...and from the grill

Grilled natural chicken breast with homemade herb butter (Seniores 7,90 €) 11,90 €

Chicken breast Italia with tomato and mozzarella au gratin (Seniores 9,70 €) 13,70 €

Chicken breast cauliflower baked with cauliflower, cheese (Seniores 9,50 €) 13,50 €

Hawaiian chicken breast au gratin with pineapple and cheese (Seniores 9,50 €) 13,50 €

Breaded baked chicken breast with lemon wedge (Seniores 7,90 €) 11,90 €

Grilled natural pork steak 8,90 €
with homemade herb butter (Seniores 5,50 €)

Schweinesteak Hawaii gratinated with pineapple and cheese (Seniores 6,50 €) 9,90 €

Pork steak seasoned meat (from October to May) baked with 11,70 €
seasoned meat and cheese (Seniores 8,70 €)

Pork steak cauliflower gratinated with mozzarella and tomato (Seniores 6,50 €) 9,90 €

Pork steak Italia with tomato and mozzarella au gratin (Seniores 7,30 €) 10,70 €

Fish

Pangasius fillet breaded (180-200g) with tartar sauce and lemon wedge	9,20 €
Pangasius fillet Italia natural fried with tomato and mozzarella au gratin	11,90 €
Whole rainbow trout "Müllerin style" - with herb butter and lemon (220 - 240g)	12,90 €

side dishes

Slice of wholemeal toast	0,50 €
Slice of mixed rye bread	1,00 €
Slice of toasted garlic bread	1,20 €
Portion of ketchup or mayonnaise	0,50 €
Portion Sauce Tartar	1,50 €
Fried egg size L	1,10 €
Extra cheese (Edam, mozzarella or spaetzle cheese)	2,00 €
French fries, croquettes, hash browns, wedges, twisters, boiled potatoes, buttered vegetables (each)	3,90 €
Fried potatoes	5,50 €
Portion of wild mushroom sauce, puszta sauce or Knorr Hollandaise sauce	4,50 €
Veggitots (vegetable croquettes made from cauliflower and broccoli)	3,90 €

* All side dishes can be freely selected for each dish
* The prices for senior portions of the respective dish are shown separately. These portions are smaller than a normal portion.

We hope you enjoyed your stay with us and would be delighted to welcome you again soon!
Your Bowling Eck Team

Sandwiches

Steak sandwich (warm) ---------- 7,90 €
toast, lettuce leaf, pork steak, tomato slice, cocktail sauce

House sandwich (warm) ---------- 7,90 €
toast, lettuce leaf, grilled chicken breast, tomato slice, honey mustard sauce

Escalope sandwich (warm) ---------- 7,90 €
toast, lettuce leaf, pork cutlet (M), cheese slice, gherkin, cocktail sauce

Baked fish sandwich (warm) ---------- 7,90 €
toast, lettuce leaf, baked pollock, gherkin, tartar sauce

Ham and cheese sandwich (warm) ---------- 5,50 €
toast, slice of ham, slice of cheese

Hawaiian sandwich (warm) ---------- 6,50 €
toast, ham slice, pineapple cubes, cheese slice

Breakfast sandwich (warm) ---------- 6,50 €
toast, fried egg, tomato, bacon, lettuce leaf, honey-mustard sauce

Cucumber sandwich (cold untoasted) ---------- 2,50 €
Toast, Butter, Gurkenscheiben

Tuna sandwich (cold untoasted) ---------- 5,50 €
toast, butter, tuna cream, raw onion strips

Egg sandwich (cold untoasted) ---------- 5,50 €
toast, butter, egg cream, breakfast bacon cubes

Summer sandwich (cold untoasted) ---------- 5,90 €
toast, butter, slice of ham, slice of cheese, slice of tomato

Vegitarian sandwich (cold untoasted) ---------- 6,90 €
toast, butter, egg cream, sweetcorn, tomato slice, cucumber slice, lettuce leaf

For Kids

Tomato scrambled eggs with wholemeal toast	3,50 €
Rösti 3 potato rösti with apple sauce or cinnamon sugar	4,10 €
Homemade pancakes with apple sauce	4,20 €
Spaetzle with sauce Homemade egg spaetzle with brown sauce or tomato sauce	5,10 €
Fish sticks with fries or wedges	5,10 €
Fish sticks with mashed potatoes and vegetables	5,80 €

For Kids

Chicken nuggets Breaded chicken breast pieces with fries or wedges	----------	5,40 €
Grilled chicken breast with potatoes and vegetables	----------	6,10 €
Children's schnitzel Pork with fries or wedges	----------	6,10 €
Children's schnitzel Pork with mashed potatoes and vegetables	----------	6,80 €
Grilled wiener 2 wieners with fries or wedges	----------	4,20 €

For snacking

Portion of chips, croquettes, rösti or twisters with ketchup or mayonnaise	4,50 €	
Onion rings Baked onion rings with wholemeal toast and honey-mustard dip	6,90 €	
Chicken wings (mild) oder **Buffalo Wings** (extra hot) or buffalo wings (extra hot) 8 chicken wings with sweet chilli sauce	6,90 €	
Chili Peppers „Red & Hot" 8 chillies filled with cream cheese with wholemeal toast and honey-mustard dip	7,50 €	
Portion of fried potatoes	7,90 €	

Vegetarian dishes

Homemade cheese spaetzle with strong, savoury cheese and fried onions	11,20 €	
Egg dumplings Spaetzle fried with onions and egg	9,50 €	
2 Homemade vegetable cutlets with tartar sauce	8,90 €	*6,10 €
Potato, cream cheese and herb pockets with tomato dip and green salad	8,90 €	*6,30 €
Baked cauliflower and / or broccoli with Knorr Hollandaise sauce and gratinated cheese	8,90 €	*6,10 €
Baked breaded cauliflower and / or broccoli with tartar sauce	7,50 €	*5,90 €

* Seniores

For in between

Homemade seasoned meat (from October to May) ---------- 5,10 €
Pork gratinated with cheese, wholemeal toast and lemon wedge

Pair of Vienna sausages ---------- 4,10 €
with wholemeal toast and mustard

Strammer Max ---------- 5,20 €
A slice of bread with cooked ham and 2 fried eggs

Grilled cheese ---------- 7,90 €
with cranberries and toast (Seniores 6,10 €)

Homemade brawn (from October to May) ---------- 8,50 €
with onions and tartar sauce

Soups

Soup of the day by daily special with wholemeal toast ---------- 3,90 €

Tomatosoup with wholemeal toast ---------- 3,70 €

Salads

Tomato salad with onions vinegar and oil marinade ---------- 3,70 €

Cucumber salad with onions vinegar and oil marinade ---------- 3,70 €

Tomato & cucumber salad with onions, vinegar and oil marinade ---------- 3,70 €

Green salad with onions vinegar and oil marinade ---------- 3,50 €

Additives

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(2) with antioxidant
(11) with acidulant
(12) with stabilisers
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For a list of all allergens contained in our dishes, please ask our service team.

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